



Solihull
Community Housing
Shaping our neighbourhoods




SCH Customer Support Directory









Contents

General Advice and Support	3
Emergency and Out of Hours	5
Homelessness	5
Debt	7
Grant and Financial Support	7
Housing Support	9
Foodbanks	11
Household Items	13
Education, Training & Employment	14
Transport	15
Health and Wellbeing	16
Safeguarding	20
Criminal Justice	20
Veterans	21



General Advice and Support

	<p>The Community Advice Hubs in Chelmsley Wood Library and The Core in Solihull town centre are available every weekday to provide support and advice, especially for debt and benefits.</p>	<p>Tel: 0121 705 3588</p> <p>Website: Community Advice Hubs – Chelmsley Wood Library The Core, Solihull (solihullcommunityhub.org.uk)</p>
	<p>Offers a place to walk in (E.g.: The Core in Solihull and The Bluebell Centre in Chelmsley Wood) to access and get help using council services. See website for further details.</p>	<p>Tel: 0121 704 8001</p> <p>Website: https://www.solihull.gov.uk/connect</p>
	<p>Provide free, confidential, and impartial advice and campaign on big issues affecting people's lives.</p>	<p>Tel: 0300 330 9019 (Mon-Fri 10:00-14:30)</p> <p>Website: Citizens Advice Solihull Borough</p>
	<p>Offer a range of free services including:</p> <ul style="list-style-type: none"> • Information, Advice and Guidance • Personal and Life Skills Development • Health and Wellbeing Activities • Social and Leisure Activities • Employment, Training and Volunteering Opportunities • Services for Carers 	<p>Tel: 0303 040 2040</p> <p>Website: Disability Resource Centre – Disability Resource Centre</p> <p>Address: Unit 18, Ace Business Park, Mackadown Ln, Birmingham B33 0LD</p>


	<p>Age UK national advice line is open 8am – 7pm and can provide access to advice on a range of topics from health, housing, care, money, wellbeing, and lifestyle. In addition, Age UK Solihull offers a befriending service to help overcome loneliness and a Home Help service to support you with day-to-day domestic tasks.</p>	<p>Tel: 0121 704 7840</p> <p>Email: info@ageuksolihull.org.uk</p>
<p>Family information Service</p> 	<p>The Family Information Service (FIS) provides information and advice to families to help them to access childcare, activities, support services, funded childcare places and free school meals in Solihull.</p>	<p>Website: Children and family support solihull.gov.uk</p>
	<p>Supporting asylum seekers, refugees and other vulnerable migrants living in Solihull and the surrounding area in order to facilitate their integration into society.</p>	<p>Tel: 0121 788 1087 / 07931932607</p> <p>Website: ENTRAIDE MUTUAL AID Home Supporting Refugees Solihull Entraide entraideuk.org.uk</p> <p>Email: Info@entraideuk.org.uk</p>
	<p>Empowering young people to take charge of their future by bringing money to life. Together with young people, we create and deliver innovative, high-impact and high-energy financial education programmes.</p>	<p>Website: MyBnk - Delivering expert-led financial education to young people</p> <p>Email: tmhmidlands@mybnk.org</p>

	<p>Provides advice to help improve your home's energy efficiency or to compare gas and electric prices to help you save money.</p>	<p>Website: Act On Energy Award-Winning Energy Advice Charity</p>
	<p>Help with housing related issues.</p>	<p>Website: https://england.shelter.org.uk/</p>


Emergency and Out of Hours

	<p>If a child or adult is at risk of abuse, harm or danger to themselves or others, then call the emergency duty team. If it is seriously urgent then contact the police on 999.</p>	<p>Tel: 0121 605 6060</p>
	<p>If you are a tenant of Solihull Council Housing and require emergency repairs, or are at risk of becoming homeless then call the number provided here.</p>	<p>Tel: 0121 717 1515</p>

Homelessness Support

<p>SCH Homeless Team</p> 	<p>SCH provide a homeless service on behalf of Solihull council. If you are homeless or threatened with homelessness within 56 days, we can:</p> <ul style="list-style-type: none"> • Provide advice and guidance. • Work with you, and third parties, to try to 	<p>Tel: 0121 717 1515</p> <p>Register as homeless: Welcome (housingjigsaw.co.uk)</p>
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	<p>prevent you from becoming homeless.</p> <ul style="list-style-type: none"> • Help you to find accommodation if you are homeless. • Signpost you to organisations that may be able to offer specialised help and support. 	
<p>St Basil's Solihull Youth Hub</p> 	<p>If you are aged 16-24 and are homeless or at risk of homelessness, St Basils can help you to find and keep a home, as well as develop your confidence, skills and opportunities.</p>	<p>Tel: 0330 33 27 978</p> <p>Website: https://stbasils.org.uk</p>
	<p>Connecting people sleeping rough to local services.</p> <p>If you have seen someone rough sleeping or if you are rough sleeping and need support, please contact streetlink.</p>	<p>Website: StreetLink - Connecting people sleeping rough to local services (thestreetlink.org.uk)</p>
	<p>Connecting people and organisations locally, to tackle homelessness</p>	<p>Website: Street Support Solihull - Working together to tackle homelessness in Solihull</p>
	<p>Supported accommodation for individuals who have been involved with the criminal justice system or who are at risk of offending</p>	<p>Tel: 0121 706 0900</p>
<p>Housing Loss Prevention Advice Service (HLPAS)</p> 	<p>You can access free legal support through the Housing Loss Prevention Advice Service.</p>	<p>Website: Housing Loss Prevention Advice Service (HLPAS) - GOV.UK (www.gov.uk)</p>
<p>Solihull Rough Sleeper Team</p>	<p>The rough sleeper outreach team has drop ins on Tuesdays and Fridays at the</p>	<p>Email: roughsleeperteam@solihull.gov.uk</p>






	<p>Solihull Link and Wednesdays at The Bridge. Food, clothing, advice and support can be provided.</p>	<p>Website: Rough sleeping (solihull.gov.uk)</p>
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Debt Support

<p>Solihull Money Advice Team</p> 	<p>The Money Advice Team help Solihull Community Housing tenants and leaseholders by providing advice on money, debt, rent arrears and all types of benefits.</p>	<p>Tel: 0121 7171515</p> <p>Website: Money advice - Solihull Community Housing</p>
	<p>National Debt line is a national telephone helpline for people with a range of debt problems in England, Wales and Scotland. The service is free, impartial, and confidential.</p>	<p>Tel: 0808 808 4000</p> <p>Website: Debt advice Free debt advice National Debtline</p>
	<p>Step Change debt charity offers free debt advice, debt management plans, affordable debt repayment plans, Debt relief orders and advice regarding equity release.</p>	<p>Tel: 0800 138 1111</p> <p>Website: StepChange Debt Charity. Free Expert Debt Help & Advice</p>
	<p>Support dealing with debt.</p>	<p>Website: Dealing with debt MoneyHelper</p>


Grant and Financial Support

<p>Discretionary Crisis Fund (DCF)</p>	<p>The fund is a final safety net if you are experiencing a crisis and cannot resolve your</p>	<p>Tel: 0121 704 6202</p>
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	<p>financial difficulties any other way. The fund provides essential items for people in urgent need. It does not provide cash.</p>	<p>For fuel or food parcels call: 0121 704 8284</p> <p>Website: Discretionary Crisis Fund solihull.gov.uk</p>
<p>Discretionary Housing Payments</p> 	<p>This payment is only awarded in exceptional circumstances and is designed to help Solihull residents if their Housing Benefit / Universal Credit (Housing Costs element) does not cover their rent, or if they need help with a one-off cost such as:</p> <ul style="list-style-type: none"> - Outstanding rent - Moving costs - Finding a deposit 	<p>Tel: 0121 704 6202</p> <p>Website: If you need help with our rent or are in financial crisis (solihull.gov.uk)</p>
 <p>independent accurate reliable</p>	<p>Helps you find all the benefits you are entitled to.</p>	<p>Website: Benefits Calculator - entitledto - independent accurate reliable</p>
	<p>Turn2Us is a charitable service which helps people access advice on money, benefits, grants and other help. Their website includes a benefits calculator and a grant search database.</p>	<p>Website: https://www.turn2us.org.uk/</p>
	<p>Universal Credit Advance If you don't have enough to live on while you wait for your first payment you may be able to get an advance of your first Universal Credit payment. Apply by contacting your job centre plus work coach or using the Universal Credit helpline.</p> <p>Budgeting Advance – If you are already receiving Universal Credit, or other eligible benefits, you may be able to get a Budgeting Advance to help pay for emergency household</p>	<p>Tel: Universal Credit helpline 0800 328 5644</p> <p>Website: Department for Work and Pensions - GOV.UK (www.gov.uk)</p>

	<p>costs, for example, buying a new cooker or for help getting a job or staying in work. Apply by contacting your job centre plus work coach.</p> <p>Support for Mortgage Interest - Support for Mortgage Interest (SMI): Overview - GOV.UK</p>	
	<p>Advance credit union offers a way to put some money away for the future and a cost-effective way to borrow ethically and responsibly. They offer loans, savings accounts and budget plans for bills, debt and Christmas savings.</p>	<p>Tel: 0121 350 8883</p> <p>Email: info@advancecu.org.uk</p> <p>Website: www.advancecu.org.uk</p>
	<p>You could get up to 70% off the average Severn Trent bill.</p> <p>The Big Difference Scheme can offer a reduction of water bills to any Severn Trent customer with a household income below £22,010.</p>	<p>Website: Big Difference Scheme Help with paying your bill Help when you need it My Account Severn Trent Water</p>
	<p>Offers free, independent tips, guides, and tools to help consumers save money, fight for financial justice, and navigate complex financial decisions.</p>	<p>Website: Money Saving Expert: Credit Cards, Shopping, Bank Charges, Cheap Flights and more</p>


Housing Support

	<p>Solihull Home Options is a choice-based lettings scheme that advertises social housing in Solihull. You can search for council and housing association properties that are available to rent,</p>	<p>Tel: 0121 717 1515</p> <p>Website: Home Page - Solihull Home Options</p>
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	apply to join the housing register or log in to bid on properties and manage your application.	
	The Bromford Group offer money advice to support their tenants with their financial affairs. The service covers the whole range of DWP benefits and other floating support.	<p>Tel: 0330 1234 034</p> <p>Website www.bromford.co.uk/</p>
	Provide affordable homes across the Midlands to help you live independently.	<p>Tel: 0345 60 20 540</p> <p>Email: contact@midlandheart.org.uk</p> <p>Website: www.midlandheart.org.uk</p>
	Offers tenants budgeting advice and rent support, as well as offering support with anti-social behaviour, domestic violence, abuse and hate crimes.	<p>Tel: 0333 200 7304</p> <p>Website: Housing Association Platform Housing Group (platformhg.com)</p>
	Citizen offers tenants budgeting advice and support with managing debt, as well as offering support with anti-social behaviour, mental health, family matters, relationships, workplace issues and more.	<p>Tel: 0300 790 6555</p> <p>Website: https://www.citizenhousing.org.uk/</p>
	Sir Josiah Mason Trust focuses exclusively on providing top quality affordable housing accommodation, and support & care services, just for older people.	<p>Tel: 0121 245 1002</p> <p>Website: Sir Josiah Mason Trust (sjmt.org.uk)</p>
Local Housing Allowance (LHA) rates	Search for Local Housing Allowance rates by postcode or local authority.	<p>Website: Search for Local Housing Allowance rates by postcode or local</p>

		authority : DirectGov - LHA Rates (voa.gov.uk)
	Online letting agent	Website: OpenRent Property To Rent From Private Landlords
	Properties to rent from private landlords and agents	Website: app.dssmove.co.uk/property-to-rent
  	Find properties to rent or buy	Websites: Rightmove - UK's number one property website for properties for sale and to rent Zoopla > Search Property to Buy, Rent, House Prices, Estate Agents OnTheMarket Property, Houses & Flats for Sale & to Rent
	Rooms to rent	Website: SpareRoom: Find Roommates, Rooms for Rent & Sublets





Food Banks




	Helping Hands Christian Renewal Centre offers food parcels and toiletries to people in a crisis. Please note this service	Tel: 0121 711 7300 Email:
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	is accessed through referral only.	hello@renewal.church.co.uk Website: https://renewalcc.com/
	Around Again Social Supermarket offers an affordable weekly shop for those seriously struggling to afford food. Please note this service is accessed by being referred by partner organisations such as Job Centre Plus, APM, Citizens Advice Solihull, SIAS and Solo.	Address: Junction 100 Chapelhouse Road, Chelmsley Wood, Solihull, B37 5HA Email: aroundagain@colebridge.org Tel: 0121 448 0720
	Kingfisher Food Bank helps by providing food parcels to people who have fallen into a crisis situation. Please note this service is accessed through referral only, please contact the food bank for more information using the number provided.	Tel: 07902030134 Website: How to get help North Solihull Foodbank
	Community Essentials assists vulnerable individuals and families in crisis by providing them with three days of emergency food.	Address: 55-571, Warwick Rd, Olton, Solihull B92 7HS Website: Community Essentials - Food Bank (community-essentials.org.uk)
	Birmingham City Mission offer food parcels from their resource centre Tuesday to Thursday between 10am and 4pm.	Tel: 0121 766 6603 Address: The Clock Tower, 2 Langdon Street, Birmingham, B9 4BP Website: Resource Centre (birminghamcitymission.org.uk)

 <p>GREEN LANE MASJID & COMMUNITY CENTRE</p>	<p>Provides food to anybody who needs it. Please note this service is accessed through referral only, please contact the food bank for more information using the number provided.</p>	<p>Tel: 01217130080</p> <p>Website: Foodbank – Green Lane Masjid</p> <p>Address: Green Lane Masjid & Community Centre, 20 Green Lane, Small Heath, Birmingham, B9 5DB</p>
	<p>Help users rescue good food from going to waste.</p>	<p>Website: Save Good Food From Going To Waste - Too Good To Go – Too Good To Go</p>

Household Items

	<p>Marketplace is a convenient destination on Facebook to discover unwanted items with people in your community.</p>	<p>Website: Facebook Marketplace: buy and sell items locally or shipped</p>
	<p>The bulk of SCAH's work consists of the assembling and distribution of 'starter packs' in liaison with our partners. A 'starter pack', generally consists of new, value-for-money, non-food, household items such as bedding, crockery, cutlery, kitchen and cleaning items etc</p>	<p>Website: Home Page (scah.org.uk)</p>
	<p>Online network where people post unwanted items for anyone to contact them and arrange to pick the items up.</p>	<p>Website: https://www.ilovefreegle.org/</p>
	<p>Online network where people post unwanted items for anyone to contact them and arrange to pick the items up.</p>	<p>Website: https://www.freecycle.org/</p>


	<p>Birmingham City Mission provides 'Starter packs' for the homeless and residents moving into their own accommodation. These can include beds, wardrobes, drawers, settees, kitchen utensils and duvets.</p>	<p>Tel: 0121 766 6603</p> <p>Address: The Clock Tower, 2 Langdon Street, Birmingham, B9 4BP</p> <p>Website: Birmingham City Mission</p>
	<p>CT Furniture's Birmingham store displays their stock of recycled, second-hand furniture and appliances; including sofas, bed, wardrobes, dining tables, white goods, electrical items and office equipment. They have 3 removal vehicles that can deliver your purchases to your door.</p>	<p>Tel: 0121 773 2858</p> <p>Address: Unit 3a Garrison Freight Terminal Garrison Street Bordesley Birmingham B9 4BN</p>
	<p>Join Nextdoor, an app for neighbourhoods where you can get local tips, buy and sell items, and more.</p>	<p>Website: Nextdoor</p>



Employment, Training and Education

<p>Solihull Employment & Skills Team</p> 	<p>The Employment and Skills Team are committed to supporting residents into work and training. We have a network of supportive local employers and partners to help with your transition into work.</p>	<p>Website: Local Offer - Apprenticeships and employment (solihull.gov.uk)</p> <p>Email: empteam@solihull.gov.uk</p> <p>Phone: 0121 704 6869</p>
	<p>Advice and support for benefit claimants seeking work.</p>	<p>Tel: 0800 169 0190</p> <p>Solihull Jobcentre Park House, 74 New Rd ·</p>


		<p>Solihull Jago House Jobcentre Jago House, 692 Warwick Rd ·</p> <p>Chelmsley Wood Job Centre 1 Chelmsley Wood Circle</p>
	<p>The colebridge trust delivers a range of interventions to support unemployed groups. Their approach has always been one of tackling the multiple barriers that exist, to help people back onto a pathway to employment. This includes support for mental and physical health; personal finances; relationships; addiction and education & skills.</p>	<p>Tel: 0121 448 0720</p> <p>Website: Employment & Skills (colebridge.org)</p> <p>Email: jobs@colebridge.org</p>
	<p>Offer school leaver, university and part time courses as well as apprenticeships</p>	<p>Tel: 0121 678 7000</p> <p>Website: Solihull College & University Centre School Leaver, Part Time Adult Courses, Apprenticeships & Bespoke Employment Training</p>

Transport

	<p>You could get free travel to work (including apprenticeships) if you're:</p> <ul style="list-style-type: none"> • starting a new job after being unemployed or made redundant • increasing your hours to 16 or more per week in a job you already have • aged 16 or over and paying adult fare 	<p>Website: Discounts for jobseekers Transport for West Midlands (tfwm.org.uk)</p>
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 <p>NHS West Midlands Ambulance Service University NHS Foundation Trust</p>	<p>By booking in advance, the patient transport service can provide transport to and from hospital appointments for people with mobility problems: Info Required: - NHS number - GP's Name and phone number or post code - Patients name address and phone number - Details of the mobility of the patient - Hospital they are attending and department</p>	<p>Tel: 0800 035 6511</p>
	<p>Ring and Ride is the door-to-door service for anyone who lives in the urban areas of the West Midlands and finds it difficult or impossible to use normal public transport. Passengers can use the service for catching up with friends, popping out for a bit of shopping, a night at the theatre or for healthcare appointments. Ring and Ride cannot take passengers to a hospital appointment, although they can take passengers to visit someone in hospital.</p>	<p>Tel: Next day bookings 0333 006 6004 same day bookings and cancellations 0330 053 8133</p> <p>Website: https://ringandride.org/booking/bookonline.html</p>

Health and Wellbeing Support

 <p>NHS Birmingham and Solihull Mental Health NHS Foundation Trust</p>	<p>Wide range of inpatient, community, and specialist mental health services. These services include rehabilitation, home treatment, community mental health services, assertive outreach, early intervention, inpatient services, day services</p>	<p>Tel: 0121 301 0000</p> <p>Email: bsmhft.customerrelations@nhs.net</p> <p>Website: https://www.bsmhft.nhs.uk/</p>
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	and mental health wellbeing services.	
	OASIS seeks to improve the quality, quantity, and accessibility of services for people with emotional distress. They provide advice and support to empower anyone experiencing a mental health problem.	<p>Telephone: 0121 742 4941 / 0121 743 4237</p> <p>Email: contact@solihullmind.org.uk</p> <p>Website: Solihull Mind: mental health services in Solihull</p>
	<p>The mental health drop-in service offers one-to-one support and group sessions.</p> <p>Drop ins: Layca Community Centre, Stretton Road, Shirley, Solihull, B90 2RL Monday 11.30am - 2.30pm Wednesday 3pm - 6pm</p> <p>The Family Tree, 29 Clopton Crescent, Chelmsley Wood, B37 6QT Tuesday 10am – 1pm Thursday 10am – 1pm</p>	<p>Tel: 0121 448 5010</p> <p>Email: info@sandantcare.co.uk</p> <p>Website: Sandant Care</p>
	SIAS is a partnership of organisations that work together to offer easy access to appropriate support and treatment for individuals whose drug, alcohol use, or gambling has become problematic. We also offer support to their families and friends.	<p>Tel: 0121 301 4141</p> <p>Email: enquiries@sias-solihull.org.uk</p> <p>Website: SIAS - Supporting recovery Reducing harm Rebuilding lives (sias-solihull.org.uk)</p>
	Support people 16 years and over affected by gambling, either their own or the gambling of a family member, partner, or friend through 1:1 and group support sessions.	<p>Tel: 0300 456 4293</p> <p>Email: gambling@aquarius.org.uk</p> <p>Website:</p>

		Adult Gambling Support Service Have a Gambling Problem? (aquarius.org.uk)
	Birmingham and Solihull Women's Aid provide frontline domestic violence and abuse support services to women and children in the Birmingham and Solihull area.	<p>Tel: 0808 800 0028</p> <p>Text: 18001 0808 800 0028</p> <p>Website: Homepage - Birmingham Solihull Women's Aid (bswaid.org)</p>
	<p>Mountain Healthcare is the largest provider of Sexual Assault Referral Centre (SARC) services in the UK.</p> <p>A SARC is a specialised medical clinic for children, young people and adults that have been sexually assaulted including rape.</p>	<p>Tel: 0330 223 0099</p> <p>Website: Our Sexual Assault Referral Centre (SARC) Locations - Mountain Healthcare</p>
	TWR provides you with links to 100's of Birmingham and Solihull based services that can help you take more control of your own health and wellbeing.	Website: the-waitingroom.org
	Solihull on the Move is a framework supporting a borough-wide commitment, to inspire healthier, happier and more sustainable communities through moving more, more often.	<p>Tel: 0121 704 8207</p> <p>Email: solihullactive@solihull.gov.uk</p> <p>Website: About Solihull On The Move - Solihull On The Move</p>
	Support for people who are suffering from a mental health problem. Access to therapies and general advice on a range of mental health issues.	<p>Email: help@birminghammind.org</p> <p>Website: Home - Birmingham Mind</p>



	<p>Solihull First Advocacy provide support concerning mental health by enabling people to be heard, by representing their interests, enabling them to exercise their rights and maximise their choices.</p>	<p>Tel: 0121 706 4696</p> <p>Email: contact@solihullfirstadvocacy.com</p> <p>Website: Solihull First Advocacy</p>
	<p>Offers help with all sorts of relationships relating to family life and parenting, separation and divorce, help for children, young people and young adults.</p>	<p>Tel: 0121 643 1638</p> <p>Website: Solihull Relate</p> <p>Address: Solihull Relate The Core, Lower Ground Floor, Theatre Square Solihull West Midlands B91 3RG</p>
	<p>The British Psychological Society is a registered charity, which acts as the representative body for psychology and psychologists in the UK. You can use their site to find psychologists of varying experience and qualifications.</p>	<p>Website: https://www.bps.org.uk/</p>
	<p>Gateway's Solihull Lifestyle service can help you to eat more healthily, manage your weight, reduce stress, be more active, stop or reduce your smoking or tell you about activities in your area.</p>	
	<p>An online resource for advice, tips and tools to help you make the best choices about your health and wellbeing.</p>	<p>Website: Live Well - NHS (www.nhs.uk)</p>



	<p>Change 4 Life offers advice for families about healthy eating and keeping active.</p>	<p>Tel: 0300 123 4567</p> <p>Website: https://www.nhs.uk/change4life/about-change4life</p>
	<p>Support with dual diagnosis, mental health and addition issues.</p>	<p>Tel: 07463484580 / 07553899373</p> <p>Website: Contact Re Imagine Me Cic</p>

Safeguarding




	<p>Children and young people are the most vulnerable members of society. Protecting them from becoming the victims of abuse is everyone's responsibility.</p>	<p>Tel: 0121 788 4300 (out of hours 0121 605 6060)</p> <p>Website: Safeguarding children and young people solihull.gov.uk</p>
	<p>How to access support with adult social care, find a group or provider with the Solihull Directory and report an adult at risk.</p>	<p>Tel: 0121 704 8007 (out of hours 0121 605 6060)</p> <p>Website: Adult Social Care (solihull.gov.uk)</p>

Criminal Justice

	<p>The Probation Service is a statutory criminal justice service that supervises offenders serving community sentences or released into the community from prison.</p>	<p>Tel: 0121 248 3660</p> <p>Address: Centenary House, 252 Mackadown Lane, Kitts Green, Birmingham B33 0LQ</p>
<p>Solihull Youth Justice Service</p> 	<p>Solihull Youth Justice Service (SYJS) is a multi-agency service which consists of the Local Authority, West Midlands Police, Probation and Health.</p>	<p>Tel: 0121 788 4290</p> <p>Email: SolihullYouthOffendingService@solihull.gov.uk</p>

 <p>West Midlands POLICE</p>	<p>Your local police force. Report a crime, contact information, plus crime prevention advice, crime news, appeals and statistics.</p>	<p>Tel: Emergency 999 Non-emergency: 101</p> <p>Website: Home West Midlands Police</p>
 <p>VICTIM SUPPORT</p>	<p>If you need help after a crime victim support provide independent, free and confidential advice.</p>	<p>Tel: 0808 1689 111</p> <p>Website: Home - Victim Support</p>

Support for Veterans

 <p>SUPPORT FOR VETERANS</p>	<p>Directory that lists organisations that provide support to veterans of the UK armed forces and their families.</p>	<p>Tel: 0808 802 1212</p> <p>Website: Find support for veterans and their families - GOV.UK</p>
 <p>ssafa the Armed Forces charity</p>	<p>SSAFA can help provide practical, financial and emotional support for service personnel, veterans and their families.</p>	<p>Tel: 08002606780</p> <p>Website: Get help SSAFA</p>
 <p>RBL ROYAL BRITISH LEGION</p>	<p>The Royal British Legion is here to help members of the Royal Navy, British Army, Royal Air Force, veterans and their families.</p>	<p>Tel: 08088028080</p> <p>Website: Who we help Armed Forces Charity Royal British Legion</p>